



PNDU

Parenteral Nutrition Down Under

HPN Awareness Week 2018 –

Resource Pack



2018 Theme: “HPN: our food for strength”

PNDU invites all New Zealand and Australian HPN hospitals and industry friends to join with us in celebrating HPN Awareness Week on 14-20 October 2018. To help you make the most of the week, we provide here ideas on how to celebrate the week, as well as a list of resources you can order from PNDU.

Ideas on how to celebrate:

Below is a list of ideas. One or more of these ideas may work in your workplace. If you have other ideas that you think would be helpful for us to share, please let us know.

1. a **thank you morning tea for staff** (on the ward where HPNers most often stay) which could include a presentation to staff by an HPNer/carer giving the patient/carer perspective
2. a **morning tea with a theme** - you could get really creative with this eg surprise staff with 'pretend' food made out of medical stuff to help staff think about what it's like for those whose nutrients are delivered intravenously rather than orally
3. Include a **game (see resources below) or discussion** eg what would it be like if you couldn't eat or had a very restricted diet– how would you socialise? What would Christmas be like for you?
4. a **formal education session** which again could include a Q&A with an HPN clinician or HPNer/carer. This could be for all ward staff (on the ward where HPNers most often stay) or for all junior nurses and residents.
5. an **information display** either on the ward (where HPNers most often stay) or in the foyer of your hospital or workplace. The display could include an expired bag of PN, PNDU information leaflets, photos of PN in action. You could have junior staff work on an education display, and have an HPNer or carer available at certain times during the week to talk with visitors to the display about what it's like living with HPN
6. a **fun staff challenge (and/or fundraiser)** which could be HPN-related or not eg BBraun staff in the UK raised money through sponsorship of several staff cycling from the town of their northerly-most HPNer to the southerly-most HPNer. You could try a less arduous challenge eg a night (or day) of being constantly connected to a backpack of fluid for 12 hours. Then have one of your HPNers/carers come and talk about what it's really like.
7. an **HPN inpatient show and tell**. If an HPNer is in hospital during the week and they (or their carer) are well enough and give consent, organise for junior staff and residents to visit the HPNer to find out what it's like living with HPN
8. combine any of the above with a **visit to a PN compounding facility**, whether at Baxter Healthcare, or Biomed ([contact PNDU](#) for pharmacy tour details), or a compounding unit in your hospital's pharmacy department.

Resources you can order from PNDU:

The following resources will be made available for hospitals and industry to order from PNDU, free of charge. We will post them to you in time for AW. You are free to order as many as you wish, but please place your order early.

- **AW Video** – this will be made available at the beginning of AW for you to circulate amongst staff, screen at a training session or display
- **A3 posters** – with the 2018 theme: HPN: our food for strength, and AW2018 graphic. Also in A4 on request.
- **Stickers** – for staff to wear and start a conversation
- **'What is HPN?' flyer** – to share amongst staff or on an information display
- **Staff game** – this year the game will be 'hospital bingo' (can be played in one place, or remotely over the week)
- We will also make available again our **2017 HPN Quiz**

For more information, and to place your orders, please email us at contactpndu@gmail.com